



## Everest Basecamp & Chola Pass Trek

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View from Gokyo Ri (Photo by Ramesh)

### Trek Overview:

Everest Basecamp & Chola Pass Trek is one of the most popular treks in the Everest Region. The trek offers magnificent views of high mountains seen nowhere else in Nepal. Highly revered ancient monasteries, sacred Mani Stone Walls, scenic valleys, authentic Sherpa culture and traditional mountain villages are some of major highlights of the trek. Khumbu Glacier, Khumbu Icefall, Gokyo Lakes and beautiful birds are some added attractions of the trek.

The trek begins with a scenic flight to Lukla, the trailhead of one of the most beautiful treks in the world. The trail goes pass several traditional mountain villages offering breathtaking mountain views. Mountain scenery changes dramatically from Namche Bazaar onwards. As many as four highest peaks of the world including Mt. Everest, Mt. Lhotse, Mt. Makalu and Mt. Cho Oyo can be seen during the trek.



**Namche Everest Viewpoint (Photo by Ramesh)**

### **Trek Features:**

Total Duration: 17 Days

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Max. Elevation: 5550m

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Trek Difficulty: Strenuous and physically demanding

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Trek Style: Teahouse Trek (Lodge-to-lodge trek)

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Trek Focus: Mountain, Monastery, Sherpa Culture and Adventure

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Trip Starts/Ends: In Kathmandu, Nepal

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Accommodation: Hotels in Kathmandu and Mountain Lodges during the trek

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### **Trek Highlights:**

- Breathtaking mountain views
- Experience of authentic Sherpa Culture and lifestyle
- Highly revered ancient monasteries
- Himalayan wildlife and birds
- Khumbu Glacier and Khumbu Icefall



## Trip Summary

DAYS	ACTIVITIES	OVERNIGHT	ALTITUDE
DAY 1 (Dec 27)	International arrival	In Kathmandu	1350m
DAY 2 (Dec 28)	Fly to Lukla and trek to Phakding	Phakding	2600m
DAY 3 (Dec 29)	Trek to Namche Bazaar	Namche	3440m
DAY 4 (Dec 30)	Rest at Namche Bazaar	Namche	3440m
DAY 5 (Dec 31)	Trek to Tengboche	Tengboche	3860m
DAY 6 (1 Jan)	Trek to Dingboche	Dingboche	4420m
DAY 7 (2 Jan)	Acclimatization Day at Dingboche	Dingboche	4420m
DAY 8 (3 Jan)	Trek to Lobuche	Lobuche	4820m
DAY 9 (4 Jan)	Trek to Gorak Shepp & Hike to EBC	Gorak Shepp	5190m
DAY 10 (5 Jan)	Hike to Kala Pattar & Trek to Dzonglha	Dzonglha	4830m
DAY 11 (6 Jan)	Cross over the Chola Pass & Trek to Gokyo	Gokyo	4750m
DAY 12 (7 Jan)	Hike to Gokyo Ri & Trek to Dole	Dole	4040m

DAY 13 (8 Jan)	Trek to Monjo	Monjo	2835m
DAY 14 (9 Jan)	Trek to Lukla	Lukla	2840m
DAY 15 (10 Jan)	Fly to Kathmandu	Kathmandu	1350m
DAY 16 (11 Jan)	Contingency Day just for in case	Kathmandu	1350m
DAY 17 (12 Jan)	International departure	-----	-----



Everest Basecamp

**Total Trip Cost: USD 2199:00**  
**Single Supplementary Charge: USD 199:00**





#### **The cost includes:**

- All ground transfers as specified in the itinerary
- Hotels (2 nights in Kathmandu) on twin sharing and b/b basis
- Kathmandu-Lukla-Kathmandu flight fare
- Local lodge accommodation during the trek
- All meals and tea/coffee during the trek
- All necessary trek permits
- Service of professional trek team leader and support staffs
- First Aid Medical kit
- Visit Kailash Treks's duffel bag

#### **The cost does not include:**

- Nepal visa fee
- International flight fares
- Travel and medical insurances, which must include the cost of emergency land/air evacuation Lunch and dinners in Kathmandu
- Cost of extra night hotel in Kathmandu or in Lukla in case of flight delayed due to bad weather
- Pure personal trekking gears
- Pure personal nature expenses, e. g. bar bills, mineral water, telephone, WIFI, laundry and etc.
- Cost of electrical devices charge
- Cost of hot shower
- Any other costs not specified in the itinerary, but may incur due to unforeseen circumstance